

# March: Be Humble

## Introduction

How good are you at being humble? Would you say you're awesome at it? It's kind of a tricky question to answer if you think about it. Whatever your answer is though, it's pretty much guaranteed that you wouldn't be as humble as Moses was. In the book of Numbers in the Bible it says that "Moses was a very humble man, more humble than anyone on the face of the earth." Very impressive really. Moses was the world record holder for humility. The humility gold medallist. Although I probably should mention, tradition has it that Moses wrote the book of Numbers, which casts some doubt on the claim...

Humility is a hard concept to define. Most of the time we think it means talking yourself down whenever possible. Like when someone compliments you. "Wow that meal was amazing! You're a really good cook!" "Oh no not really. It was just from a recipe book." Or "Wow that was a great game, you got some awesome goals!" "Oh, well, I guess I just got lucky." But this is not really humility. Talking yourself down whenever you've done well is not really what it means to be humble. I can't find anywhere in the Bible where God says "Oh I'm not really that great...." And when the crowds were cheering after Jesus healed a blind person, we don't see Jesus going "Oh I guess I just got lucky."

So what is humility then? For Jesus, it's about **position**. It's about where you stand, where you sit, where you place yourself in relation to the people around you. Like the time when he and his disciples had just finished a long walk in sandals on dusty roads, and Jesus got down on his knees and started washing the dirt off their stinky feet. "If you want to be great in my kingdom," he said, "Be the servant to all."

Jesus invites us to take a lower position than others....the servant position. Such a position puts us at the end of the line, the bottom of the pack, the least in power, and the lowest in rank. It's a position that communicates that no one is my servant, and I don't expect at any stage that other people should serve me. I am here to serve, no matter who it is, whether someone is important or ordinary, the prime minister or an illegal immigrant, the CEO or a checkout chick serving you your groceries.

Humility is a position that communicates "It's not all about me. Everyone is important. Everyone has dignity and value. Everyone is worthy of love and respect." When we put ourselves in that position, we will find ourselves picking up rubbish left by others on a footpath or in the school grounds, cleaning up toys that your little brother has left lying around, cleaning toilets that are smelly and dirty, feeding homeless people who've forgotten how to be friendly, and taking on the jobs at work that no one else wants to do.

In our neighbourhoods we will take responsibility for others, not trying to control them, but looking for ways to help. Humility is making sure that **other** people are going OK, that they're well-looked after, that people are treating them well, that they have what they need. Even if living this way makes me look less cool. It's not about me. I'm here to serve.

You can't find a better example of humility than Jesus. The king of the universe was the one washing those dirty, stinky feet. Jesus' birth was a long way from a palace. His mum was an unmarried young woman. He grew up in an unimportant town, and people said "Can anything good come from there?" His friends were tax collectors and tradies who at all times smelled a little fishy. Any superpowers Jesus had were always used to help others - healing sicknesses, helping disabled people walk again, helping blind people to see, and feeding the hungry. Jesus lived his entire life putting others before himself. He treated criminals like friends. He had time for children. He risked his reputation constantly to serve and love the lowliest, the least respected people in his society. And when it came down to it, Jesus even gave his own life - humiliated and bullied and scarred - so that the whole broken world could be healed.

This month the challenge is not simply about thinking differently about ourselves. It is about practicing a different position in society. It is about getting down in the mud, sweat and tears of people who are struggling and actually doing for them what we expect others to do for us. It is about acting in ways that affirm that other people are more valuable than me. Not because they are more talented, more powerful, or wealthier, but because they are made in the image of God.

God loves every life, every person, every family, every individual, and so should we. No matter who they are. Even the ones with dirty feet.



YOUTH



MONK

- Make a poster, meme or note using this prayer "God the world does not revolve around me. I have already been extremely blessed. Give me an opportunity today to serve someone else". Post it somewhere you will see it every day.
- Humility is not about putting yourself down, it's about thinking of others before yourself. Each night try to go to bed thinking of how others are doing rather than how you are doing. Talk to God about the people you think of before you fall asleep.
- With your group, read and reflect on the story Jesus tells in Matthew 25:31-46. Do something to creatively express (draw, paint, write a poem or song) what serving others means in light of this perspective.



CHEERLEADER

- For one week this month it's not about you. In conversations (online or in real life) avoid talking about yourself and instead talk about others and their achievements. Especially look out for people who might not usually get encouragement.  
Think of someone younger than you (might be someone in a lower grade at school, a friend or neighbour) and check up on them this week to see how they're doing. Spend some time with them doing something they want to do.
- Make a list of all the jobs that get done by someone in your house and pick four that are not yours and do them for a week, as well as your own jobs.



ACTIVIST

- Spend a few break times picking up rubbish around your school grounds. Don't tell anyone why you're doing it.
- Say a personal 'thank you' to three people who serve you in some way. Post a photo of that person on Instagram using #abigyearthankyou
- Whenever you have an opportunity this month, give something up for someone else. It might be your seat on public transport, the best place for watching TV, control of the remote, your place in the queue, the best table at the cafe.